# FYLDE HOCKEY CLUB

# Junior Player GUIDE

## What can I expect from the club?

* **A chance for you to become a member at Fylde Hockey Club.**

This will be explained to you when you arrive at the club.

You will receive information on how much this will cost, kit you will require, rules of the club, when training sessions are and match information

* **Qualified coaches**

The coaches understand and know how to help you play the best hockey you can and will support you.

* **Volunteers**

Any adult working within the club will have been on training to ensure they know how to support and look after you.

The club will have a First Aider, Team Managers and a Welfare Officer. Make sure you know who these people are and introduce yourself to them.

* **Rules**

There are rules of the game of hockey which you will learn as you play

There will be rules of the club which you will also learn for example junior members are not allowed to smoke

These are there for your safety and are not be broken

* **Opportunities for you to play**

There will be teams and squads of boys and girls your own age that you will get to know and learn how to play hockey with

* **Matches and competitions**

There will be a chance for you to train and play in your club team against other clubs

* **Anti bullying policy**

This clearly states how the club will deal with any situations of bullying, either adult to young person or young person to young person

* **Safeguarding / Child Protection Policies and Procedures**

This provides the club with ways of ensuring you are safe and enjoy your hockey

* **Codes of Conduct**

These clearly state how club member must act towards you and support you. This includes coaches, volunteers, club officials and parents.

***Junior Code of Conduct/Rules for Junior Players***

The aim of **Fylde Hockey Club** is to promote healthy participation in sport. It is hoped that everyone will play to the best of their ability and that teams are successful. We believe, however, that it is more important to enjoy sport and play fairly.

The following Code of Conduct and Rules have been written to uphold the aims of **Springfields Hockey Club** and to help and protect all junior players, umpires, spectators and parents involved in the playing of sport regardless of whether it is in league games, friendly matches or training sessions.

The Club believes that it is important that its members, coaches, administrators, volunteers and parents associated with the Club should, at all times, show respect, be encouraged to be open and to share any concerns or complaints about any aspect of the Club with the coach, team manager or the appropriate committee member.

Each individual is accountable for his or her own actions. Whether you are playing, watching, coaching, umpiring or refereeing any match, it is your personal responsibility to treat your own team, opposition players, coaches, spectators and the officials with respect and consideration before, during and after the match.

**Team Members**

* Compete for enjoyment.
* Do their best.
* Show team spirit and positive sporting behaviour.
* Play within the rules at all times
* Respect colleagues, coaches, opponents and the decisions of officials.
* Keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
* Wear suitable kit for training and match sessions as agreed with the coach/team manager.
* Pay any fees for training or events promptly.
* Junior members are not allowed to smoke on club premises or whilst representing the club.
* Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.

**You have the right to:**

* Have fun when playing hockey
* Be safe when playing hockey
* Enjoy your hockey
* Make friends through hockey
* Be treated with respect by adults involved in hockey

**Are you worried?**

* My coach is bullying me
* Another adult at hockey is bullying me
* Another member of my team is bullying me
* One of the coaches or volunteers is threatening me
* An adult is making me do things which I know are wrong
* Someone is touching me and making me feel uncomfortable
* Someone is constantly teasing me, shouting at me or kicking and punching me
* Someone is making suggestive remarks or asking me to do things of a sexual nature
* Someone is acting in a way which makes me feel lonely, upset, unsafe or embarrassed

If the answer is **YES** - **Don’t keep it to yourself – Ask for help**

## Who can I talk to?

In the first instance, speak with **Katie Barker** the **Club** **Welfare Officer**

**Katie Barker – 07972 833267**

***welfare@fyldehc.com***

It can sometimes be difficult to speak to an adult about how you are feeling.

* You might think that an adult will not understand

THEY WILL LISTEN

* You may think that they will not believe you

THEY WILL BELIEVE YOU

* You may be scared that they will tell other people that you do not want to know

THEY WILL ONLY TELL SOMOENE WHO CAN HELP

* You might think they have not got time to talk to you

THEY WILL ALWAYS MAKE TIME TO TALK

It’s better to talk to someone:

* Ignoring your worries or concerns could make them worse
* Talking to someone will begin to tackle your worries and concerns
* You only have to share information that you want to share
* Telling someone will begin to help you

## What will happen if I talk to someone?

Your Club Welfare Officer will know what to do and how to help. They will be able to ensure that you are safe and they will believe you.

There are policies and procedures which they will use. These will provide information of who to contact, how to contact them and what they can do to help.

## Confidentiality

The Club Welfare Officer cannot promise to keep the information you share a secret. However they do have to keep it CONFIDENTIAL. This means that they will have to tell only the person/people who can help.

When you are talking to the Club Welfare Officer ask them to explain who they need to speak to and why. They may say one of the following:

* England Hockey Board Lead Child Welfare Officer -

They will know what to do if the behaviour of adult/s towards you is upsetting you

Talking to this person will begin to help the situation and ensure you can play hockey in a happy and safe environment

* Social Services or the Police in an emergency –

They may be called if the Club Welfare Officer thinks you may come to more harm or are in danger. This is to help you and ensure you are safe.

**Fylde Hockey Club**

**Child Welfare Officer**

**Katie Barker – 07972 833267**

Alternative sources of help, advice and support:

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| **NSPCC** | 0808 800 5000 | www.thereforeme.com | Support and advice for 12-16 yr olds via the website |
| **Childline** | 0800 1111 | www.childline.org.uk | Free helpline for children and young people |
| **Kidscape** | 0207 730 3300 | www.kidscape.org.uk | Support on bullying |

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# ThE PARENT CLUB GUIDE

Most parents want their children to enjoy the sports of their choice. These guidelines provide you with key information when selecting a club /playing opportunity for your child. It provides you with ideas of questions to ask, and ensure that both you and your child understand the way the club works, and your roles and responsibilities.

## What can we expect from the club?

* A friendly welcome, an opportunity to meet new friends play and watch hockey
* Opportunities for your child to have fun and develop their game as much as they want to
* A safe environment
* Qualified coaches and responsible volunteers
* Relationships based on trust, honesty and respect where your child is valued and listened to
* Your child’s welfare and safety is paramount
* Club members will recognise your child’s rights, whatever your age, gender, culture, ability, language, religious belief, racial origin, and/or sexual identity
* Opportunities for you to get involved in the club
* Safeguarding and Protecting Young People / Child Protection Policy and Complaints Policy are available for you on request
* Clear lines of communication with you about your child, fixtures, training and events

## What does the club expect from my child?

There is a guide for young people which details the club’s expectations which include:

* fair play
* listening to the coaches
* adhere to the young people’s code of conduct
* adhere to the rules of the game and rules of the club

## What does the club expect from me?

As an adult responsible for a junior member or guest of the Springfield’s UCLAN Hockey Club, you are expected to abide by the following rules:

* Encourage your child to learn the rules and play within them.
* Discourage unfair play and arguing with officials.
* Help your child to recognise good performance, not just results.
* Never force your child to take part in sport.
* Set a good example by recognising fair play and applauding the good performances of all.
* Encourage your child to recognise good performance, not just results
* Never punish or belittle a child for losing or making mistakes.
* Support your child’s involvement and help them to enjoy their sport.
* Use correct and proper language at all times.
* Observe the Club junior rules, they exist for the safety and protection of children.

**What do I do if I am concerned about my child’s safety, well being or behaviour?**

* In the first instance, speak with Janet Ollerenshaw, the club Welfare Officer
* All concerns will be taken seriously and investigated
* All concerns will be treated in the strictest confidence, with only the people who can help the situation becoming involved if required

**Katie Barker – 07972 833267**

**email: welfare@fyldehc.com**